

Vikings Cheerleading

Code of Conduct for Coaches, Volunteers and Staff

We are fully committed to safeguarding and promoting the wellbeing of our members. The club believes it is important that members, coaches, administrators and parents associated with the club, should at all times, respect and show an understanding for the safety and welfare of others.

The essence of good ethical conduct and practice is summarised below.

All coaches, volunteers and staff members must:

- Consider the wellbeing and safety of participants before the development of the club and it's performance
- I am fully aware of my responsibilities with regards to the duty of care 'owed' to athletes and will follow child protection guidelines and recommended good practice at all times.
- I will respect the rights, dignity and individuality of all Vikings Cheerleading members.
- I will aim to improve the athlete's self-confidence by giving positive feedback and constructive criticism.
- I will aim to encourage athletes to gain independence and self-discipline.
- I will do my best to encourage athletes to value their performances and not just their results.
- I will ensure all activities are appropriate to the age, ability and experience of the gymnast and that all participants are suitably prepared physically and psychologically.
- I will ensure that best practice coaching guidelines are adhered to at all times.
- I will obtain prior written consent from the parent/guardian of gymnasts before transporting them anywhere (training/competitions/camps etc).
- I will show respect to non members and do my best to provide information and answer questions (outside of training times)
- Hold appropriate qualifications (BGU/USASF/BG or equivalent) to the level that they are coaching, and hold valid insurance cover
- Strive to improve on their coaching through continuous professional development
- Display consistently high levels of behaviour and appearance, dressing suitably and leading by example
- Never be under the influence of alcohol or drugs, before or during training and events
- Never exert undue influence over cheerleaders to obtain personal benefit or reward
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines
- Never condone rule violations or use of prohibited substances
- Make sure that any confidential information is not divulged unless with the express approval of the individual concerned
- Promote the positive aspects of the sport
- Promote sportsmanship and core values within the club

- Coach skills that are an appropriate level for the athletes ability and experience
- Follow all guidelines laid down by Vikings Cheerleading